

The Core Competencies

Communication	Critical Thinking	Creative Thinking	Positive Personal & Cultural Identity	Social Responsibility	Personal Awareness & Responsibility
<p>Connect and engage with others (to share and develop ideas)</p> <ul style="list-style-type: none"> * I can ask and respond to simple questions. * I am an active listener. I can support and encourage the person speaking. * I can recognize that there are different points-of-view and I can disagree respectfully. 	<p>Analyze and critique</p> <ul style="list-style-type: none"> * I can show if I like something or not. * I can identify criteria that I can use to analyze evidence. * I can analyze evidence from different perspectives. * I can reflect on and evaluate my thinking, products, and actions. * I can analyze my own assumptions and beliefs and consider views that do not fit with them. 	<p>Novelty and value</p> <ul style="list-style-type: none"> * I can get ideas when I play. My ideas are fun for me and make me happy. * I can get new ideas or build on other people's ideas, to create new things within the constraints of a form, a problem, or materials. * I can generate new ideas as I pursue my interests. * I can get ideas that are new to my peers. * I can develop a body of creative work over time in an area I'm interested in or passionate about. 	<p>Relationships and cultural context</p> <ul style="list-style-type: none"> * I can describe my family and community. * I can identify the different groups that I belong to. * I can understand that my identity is made up of interconnected aspects (such as life experiences, family history, heritage, peer groups). * I can understand that learning is continuous and my concept of self and identity will continue to evolve. 	<p>Contributing to community and caring for the environment</p> <ul style="list-style-type: none"> * With support, I can be part of a group. * I can participate in classroom and group activities to improve the classroom, school, community, or natural world. * I can contribute to group activities that make my classroom, school, community, or natural world a better place. * I can identify how my actions and the actions of others affect my community and the natural environment and can work to make positive change. * I can analyze complex social or environmental issues from multiple perspectives. I can take thoughtful actions to influence positive, sustainable change. 	<p>Self-determination</p> <ul style="list-style-type: none"> * I can show a sense of accomplishment and joy. * I can celebrate my efforts and accomplishments. * I can advocate for myself and my ideas. * I can imagine and work toward change in myself and the world. * I can take initiatives to inform myself about controversial issues.
<p>Acquire, interpret, and present information (includes inquiries)</p> <ul style="list-style-type: none"> * I can understand and share information about a topic that is important to me. * I can present information clearly and in an organized way. * I can present information and ideas to an audience I may not know. 	<p>Question and investigate</p> <ul style="list-style-type: none"> * I can explore materials and actions, * I can ask open-ended questions and gather information. * I can consider more than one way to proceed in an investigation. * I can evaluate the credibility of sources of information. * I can tell the difference between facts and interpretations, opinions, or judgements. 	<p>Generating ideas</p> <ul style="list-style-type: none"> * I can get ideas when I use my senses to explore. * I can build on others' ideas and add new ideas of my own, or combine other people's ideas in new ways to create new things or solve straightforward problems. * I can deliberately learn a lot about something (e.g., by doing research, talking to others or practising) so that I am able to generate new ideas or ideas just pop into my head. * I can use deliberate strategies for quieting my conscious mind (e.g., walking away for a while, doing something relaxing, being deliberately playful) so that I can be more creative. * I can have interests and passions that I pursue over time. 	<p>Personal values and choices</p> <ul style="list-style-type: none"> * I can tell what is important to me. * I can tell what my values are and how they affect choices I make. * I can tell how some important aspects of my life have influenced my values. * I can understand how my values shape my choices. 	<p>Solving problems in peaceful ways</p> <ul style="list-style-type: none"> * I can solve problems myself and can identify when to ask for help. * I can identify problems and compare potential problem-solving strategies. * I can clarify problems, consider alternatives, and evaluate strategies. * I can clarify problems or issues, generate multiple strategies, weigh consequences, compromise to meet the needs of others, and evaluate actions. 	<p>Self-regulation</p> <ul style="list-style-type: none"> * I can sometimes recognize emotions. * I can use strategies that help me manage my feelings and emotions. * I can persevere with challenging tasks. * I can implement, monitor, and adjust a plan and assess the results. * I can take ownership of my goals, learning, and behaviour.
<p>Collaborate to plan, carry out, and review constructions and activities</p> <ul style="list-style-type: none"> * I can work with others to achieve a common goal. I do my share. * I can take on roles and responsibilities in a group. * I can summarize key ideas and identify ways we agree (commonalities). 	<p>Develop and design</p> <ul style="list-style-type: none"> * I can experiment with different ways of doing things. * I can develop criteria for evaluating design options. * I can monitor my progress and adjust my actions to make sure I achieve what I want. * I can make choices that will help me create my intended impact on an audience or situation. 	<p>Developing ideas</p> <ul style="list-style-type: none"> * I can make my ideas work or I change what I am doing. * I can usually make my ideas work within the constraints of a given form, problem and materials if I keep playing with them. * I can build the skills that I need to make my ideas work, and usually succeed, even if it takes a few tries. * I can use my experiences with various steps and attempts to direct my future learning. * I can persevere (over years if necessary) to develop my ideas. I expect ambiguity, failure, and setbacks, and use them to advance my thinking. 	<p>Personal strengths and abilities</p> <ul style="list-style-type: none"> * I can identify my individual characteristics. * I can describe/express my attributes, characteristics, and skills. * I can reflect on my strengths and identify my potential as a leader in my community. * I can understand I will continue to develop new abilities and strengths to help me meet new challenges.. 	<p>Valuing diversity</p> <ul style="list-style-type: none"> * With some direction, I can demonstrate respectful and inclusive behaviour. * I can explain when something is unfair. * I can advocate for others. * I can take action to support diversity and defend human rights, and can identify how diversity is beneficial to my community, including online. 	<p>Well-being</p> <ul style="list-style-type: none"> * I can participate in activities that support my well-being and tell/show how they help me. * I can take responsibility for my physical and emotional well-being. * I can make choices that benefit my well-being and keep me safe in my community, including my online interactions. * I can use strategies to find peace in stressful times. * I can sustain a healthy and balanced lifestyle.
<p>Explain/recount and reflect on experiences and accomplishments</p> <ul style="list-style-type: none"> * I give, receive, and act on feedback. * I can recount simple experiences and activities and tell something I learned. * I can represent my learning and tell how my learning connects to my experiences and efforts. 				<p>Building relationships</p> <ul style="list-style-type: none"> * With some support, I can be part of a group. * I am kind to others, can work or play co-operatively, and can build relationships. * I can identify when others need support and provide it. * I am aware of how others may feel and can take steps to help them feel included. * I can build and sustain positive relationships with diverse people, including people from different generations. 	

